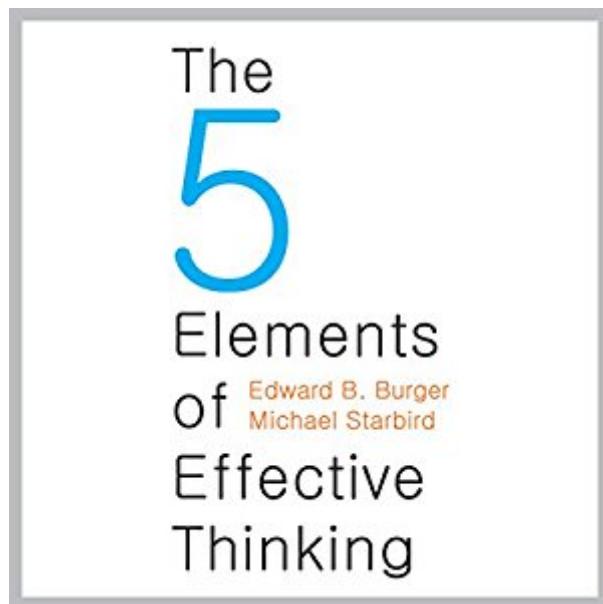


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# The Five Elements Of Effective Thinking



## Synopsis

The 5 Elements of Effective Thinking presents practical, lively, and inspiring ways for you to become more successful through better thinking. The idea is simple: You can learn how to think far better by adopting specific strategies. Brilliant people aren't a special breed--they just use their minds differently. By using the straightforward and thought-provoking techniques in The 5 Elements of Effective Thinking, you will regularly find imaginative solutions to difficult challenges, and you will discover new ways of looking at your world and yourself--revealing previously hidden opportunities. The book offers real-life stories, explicit action items, and concrete methods that allow you to attain a deeper understanding of any issue, exploit the power of failure as a step toward success, develop a habit of creating probing questions, see the world of ideas as an ever-flowing stream of thought, and embrace the uplifting reality that we are all capable of change. No matter who you are, the practical mind-sets introduced in the book will empower you to realize any goal in a more creative, intelligent, and effective manner. Filled with engaging examples that unlock truths about thinking in every walk of life, The 5 Elements of Effective Thinking is written for all who want to reach their fullest potential--including students, parents, teachers, businesspeople, professionals, athletes, artists, leaders, and lifelong learners. Whenever you are stuck, need a new idea, or want to learn and grow, The 5 Elements of Effective Thinking will inspire and guide you on your way.

## Book Information

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## Customer Reviews

In      "The 5 Elements of Effective Thinking"      Starbird and Burger

recommend calling things as you see them, but also trying to understand fundamental things more deeply, to discover more implications of established truths. They advocate calling things as you see them as a starting point, as a way to establish the obvious and find out what else can be observed. They are commending, not banality or the obvious per se, but the process of recognition and discovery which starts with stating the obvious.

Some good points. Probably wouldn't have bought it if it hadn't been required class reading, but it's worth it if you like thinking about how you think. Plus, anything by Starbird is probably excellent.

This book was recommended to my class during a learning course. The authors pare down to the basic elements of effective learning in a concise, engaging and actionable format. I strongly recommend this book to learners at all stages, from tweens to professors.

Sound ideas for reflecting on learning how to learn. Fits nicely with the work of Edward De Bono. Aligns with the recommendations and Peter Drucker's autobiography. Wish I had given these ideas more thought in my teens and 20s but what the heck still worth using in my 60s and 70s.

Burger and Starbird make a valid argument to slow down and use reasoning skills to better define problems and to then effectively deal with solutions. Helpful suggestions are provided to improve understanding and application of new knowledge. The material is presented through the use of illustrations from life experience. Their focus is on effective thinking skills and they summarize these steps in an easy to remember fashion. Often with material such as this the points covered are valid but do take extended effort to be retained and become a part of one's way of thinking. As Kahneman brought out in his book "Thinking Fast and Slow" the human tendency is to rely on quick decisions without taking the time and effort to use solid reasoning skills. This book is one that needs to be reviewed from time to time or at least consulted when faced with important decisions in life. Unlike many of the critical thinking books out there, that can be overwhelming, this book provides five solid points to make one a better thinker. It is a short book, but conveys realistic suggestions for improving one's learning and reasoning skills. I would recommend this book, especially to students and teachers but also to any that would like to improve their reasoning abilities.

This is a great book overall! It is practicable, practical, and focused on very simple but very useful and overlooked ideas. My main issue was that it felt a little amateur in presentation (not in the core

ideas). That might have been a formatting issue with my device, but often the language also felt over simplified. Still, that doesn't detract from its usefulness.

This book is a great value for your time and well worth reading. It outlines some very important concepts that separate average learners and great learners. I took a lot of notes to make sure I commit them to memory and keep them in the back of my mind all the time. It's an easy, quick read, although the authors recommend reading it several times. I think rereading it would be worthwhile as well. My only gripe was that the writing wasn't all that it could be. At times, it was awkward and the concepts weren't stated as eloquently as they perhaps could've been. The authors should've taken their own advice and iterated over it a few more times.

This book demonstrates how effective thinking can be mastered. It is insightful and practical. I find this book very useful. I read it more than two times as suggested by the authors. Personally, when I am on a given work, I try to get it right for the first time, which almost never end up successfully as I do imagine before I begin working. But this book does teach and calls to mind a principal truth that most people are not aware of or do forget for the most of time. In order to succeed you must first fail, then learn from your mistakes and misconceptions to make it right the next time you get at the topic you want to master. This book should be read by everyone who is involved in intellectual work throughout his life. Great thanks for the authors.

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